

# CNYAOD Class Schedule Sept. 2025 – June 2026

## **CLASS LEVELS BY AGE/GRADE**

Parent & Me Creative Movement – age 2	Level 2 – 2 <sup>nd</sup> Grade
Pre-K 3 – age 3	Level 3 – 3 <sup>rd</sup> Grade
Pre-K 4 – age 4	Level 4 – 4 <sup>th</sup> /5 <sup>th</sup> Grade
Primary – Kindergarten	Level 5 – 6 <sup>th</sup> – 8 <sup>th</sup> Grade
Level 1 – 1 <sup>st</sup> Grade	Level 6 – 9 <sup>th</sup> Grade & up

\*Please note that our class levels above provide a general guideline, but may be adjusted per individual student based on technical level and experience\*

SCHEDULE COLOR CODING: **Preschool/Primary Levels**      **Levels 1-4**      **Levels 5/6**

### MONDAYS

#### **STUDIO A**

**Pre-K 3 Pre-Ballet** 4 – 4:30

**Primary & Level 1 Jazz**

4:30 - 5

**Level 1 Ballet** 5 – 5:45

**Level 6 Contemporary**

6 – 7

**Level 5 Contemporary**

7:15 – 8:15

#### **STUDIO B**

**Level 5 Ballet** 5:45 – 7:15

**Level 6 Ballet** 7:15 – 8:45

### TUESDAYS

#### **STUDIO A**

**Level 3 Ballet** 4:30 – 5:30

**Level 5/6 Hip-Hop** 5:30 – 6

**Level 5/6 Musical Theatre**

6 – 6:45

**Level 5/6 Tap** 6:45 – 7:15

**Level 5/6 Yoga & Conditioning**

(\*FREE to students taking 2+ classes)

7:15 – 8

#### **STUDIO B**

**Level 4 Ballet** 5:30 – 6:30

**Level 4 Boys' Class** 6:30 – 6:45

**Level 4 Pointe** 6:45 – 7:30

### WEDNESDAYS

#### **STUDIO A**

**Pre-K 4 Dance Foundations (option 1)** 4:30 – 5:15

**Primary Dance Foundations** 5:15 – 6:00

**Level 1-3 Tap** 6 – 6:30

**Level 2-4 Musical Theatre** 6:30 – 7

**Level 4 Lyrical** 7 – 7:30

**Level 4 Tap** 7:30 – 8

#### **STUDIO B**

**Level 2/3 Jazz** 5:15 – 6

### THURSDAYS

#### **STUDIO A**

**Pre-K 4 Dance Foundations (option 2)** 4:15 – 5

**Level 2 Ballet** 5 – 5:45

**Level 5 Pointe** 5:45 – 6:45

#### **STUDIO B**

**Level 4 Hip-Hop** 5:30 – 6

**Level 4 Jazz** 6 – 6:45

**Level 5/6 Jazz** 6:45 – 7:45

**Level 6 Pointe** 7:45 – 8:45