

CNYAOD Class Schedule January - May 2026

CLASS LEVELS BY AGE/GRADE

Parent & Me Creative Movement – age 2	Level 2 – 2 nd Grade
Pre-K 3 – age 3	Level 3 – 3 rd Grade
Pre-K 4 – age 4	Level 4 – 4 th /5 th Grade
Primary – Kindergarten	Level 5 – 6 th – 8 th Grade
Level 1 – 1 st Grade	Level 6 – 9 th Grade & up

Please note that our class levels above provide a general guideline, but may be adjusted per individual student based on technical level and experience

SCHEDULE COLOR CODING: **Preschool/Primary Levels** **Levels 1-4** **Levels 5/6**

MONDAYS

Pre-K 3 Pre-Ballet 4:00 – 4:30

Primary & Level 1 Jazz

4:30 – 5:00

Level 1 Ballet 5:00 – 5:45

Level 5 Ballet 5:45 – 7:30

Level 5 Pointe 7:30 – 8:15

TUESDAYS

Level 4 Ballet 5:00 – 6:00

Level 4 Pointe 6:00 – 6:45

Level 5/6 Contemporary 6:45 – 7:45

Level 5/6 Hip-Hop 7:45 – 8:15

Level 5/6 Tap 8:15 – 8:45

WEDNESDAYS

Pre-K 4 Dance Foundations (option

1) 4:30 – 5:15

Level 2/3 Jazz 5:15 – 6:00

Level 1-3 Tap 6:00 – 6:30

Level 2-4 Musical Theatre 6:30 –

7:00

Level 4 Lyrical 7:00 – 7:30

Level 4 Tap 7:30 – 8:00

THURSDAYS

Pre-K 4 Dance Foundations (option

2) 4:15 – 5:00

Primary Dance Foundations 5:00 –

5:45

Level 4 Hip-Hop 5:45 – 6:15

Level 4 Jazz 6:16 – 7:00

Level 5/6 Jazz 7:00 – 8:00

Level 6 Pointe 8:00 – 8:45

FRIDAYS

Level 2/3 Ballet 4:30 – 5:30