

CNYAOD Class Schedule Sept. 2025 – June 2026

CLASS LEVELS BY AGE/GRADE

Parent & Me Creative Movement – age 2	Level 2 – 2nd Grade
Pre-K 3 – age 3	Level 3 – 3rd Grade
Pre-K 4 – age 4	Level 4 – 4th/5th Grade
Primary – Kindergarten	Level 5 – 6th – 8th Grade
Level 1 – 1st Grade	Level 6 – 9th Grade & up

Please note that our class levels above provide a general guideline, but may be adjusted per individual student based on technical level and experience

SCHEDULE COLOR CODING: Preschool/Primary Levels Levels 1-4 Levels 5/6

MONDAYS

STUDIO A

Level 6 Contemporary

6 – 7

Level 5 Contemporary

7:15 – 8:15

STUDIO B

Level 5 Ballet 5:45 – 7:15

Level 6 Ballet 7:15 – 8:45

TUESDAYS

STUDIO A

Level 5/6 Hip-Hop 5:30 – 6

Level 5/6 Musical Theatre

6 – 6:45

Level 5/6 Tap 6:45 – 7:15

Level 5/6 Yoga & Conditioning

(***FREE** to students taking 2+ classes)

7:15 – 8

THURSDAYS

STUDIO A

Level 5 Pointe 5:45 – 6:45

STUDIO B

Level 5/6 Jazz 6:45 – 7:45

Level 6 Pointe 7:45 – 8:45